



Gymnasium, Individual Treatment

Room Code	GYAH-ID
Briefed Area	76.00 m ²
Ceiling Height	2.7 m
Occupancy	up to 8 patients; 3-4 staff
Hours of Operation	7am to 6pm, daily (dependent on unit operating hours)

Description | The Gymnasium - Individual Treatment provides space and facilities for one on one patient evaluation, therapy and ambulation training. A number of curtained bays with plinths are typically provided along with an open area accommodating a range of equipment such as stairs, parallel bars and exercise bikes.

Electrical | PROTECTION: body protected ☒
PROTECTION: cardiac protected ☐

Lighting | LIGHTING: general ☒
LIGHTING: colour corrected ☐
LIGHTING: dimmable ☐
LIGHTING: indirect ☐

Nurse Call and Duress | NURSE CALL SYSTEM: buttons / handset ☒

HVAC | AIRCONDITIONING: general ☒
AIRCONDITIONING: HEPA filtered ☐
AIRCONDITIONING: positive pressure ☐
AIRCONDITIONING: negative pressure ☐
VENTILATION: exhaust ☐
VENTILATION: natural ☐

Additional Considerations |

- An external outlook and ready access to outdoor areas is desirable.
- The range of specialised exercise equipment, open exercise areas and number of clients / patients to be accommodated within a gymnasium will vary from unit to unit and will require confirmation to inform overall space requirements.
- RCD protection is required to body protected areas in accordance with AS/NZS3003. Quantity and location dependent on selected equipment and circuiting arrangements.



Doors and Windows

CODE	DESCRIPTION	COMMENT
DOHI-145.01	DOOR: hinged, 1 1/2 leaves, 1500 clear opening, solid, wide vision panel	[DWGL-041]
AFDPR-006.01	DOOR PROTECTION: plate, to 900H	[DWPR-005] to corridor side, extent dependent on movement of beds and mobile equipment in adjacent area; to be coordinated with corridor wall protection
AFDPR-006.01	DOOR PROTECTION: plate, to 900H	[DWPR-005] to room side
DOHI-106	DOOR: hinged, 1 1/2 leaves, 1600 clear opening, solid	[DWSC-027] optional, to equipment store
AFDPR-006.01	DOOR PROTECTION: plate, to 900H	[DWPR-005] to room side



Finishes

CODE	DESCRIPTION	COMMENT
FLVY-101	FLOOR FINISH: vinyl, seamless, standard slip resistance	[FLVY-007]
FLVY-122	FLOOR FINISH: vinyl, seamless, inset, distance markings	[FLVY-010]
FLSK-021	SKIRTING: vinyl, integral with floor vinyl, coved	[FLSK-010]

CODE	DESCRIPTION	COMMENT
WLFI-001	WALL FINISH: paint	[WLWA-004]
WLFI-011.04	WALL FINISH: vinyl, to 1500 AFFL	[WLWA-020]
CLTI-021.02	CEILING: drop-in tiles, prefinished, 600 x 1200	[CLTI-008]
CLCN-041	CORNICE: wall trim fixing, prefinished	[CLCN-009]



Joinery

CODE	DESCRIPTION	GROUP	QTY	COMMENT
JOGE-001	BULKHEAD: joinery	①	1	[FIJO-212] plasterboard bulkhead also acceptable
JOSP-152	JOINERY UNIT: bespoke, gymnasium, tall, equipment storage, enclosed	①	1	[FIJO-227]



Fittings, Furniture and Equipment (FF&E)

CODE	DESCRIPTION	GROUP	QTY	COMMENT
FIBM-102	MIRROR: fixed, safety glass, frameless	①	1	[FIBM-010]
FIDI-241	DISPENSER: alcohol-based hand rub, wall mounted	②	4	[FIDI-001]
FIGE-041	STEEL MESH: framed, ceiling mounted	①	3	[FIRT-017] optional, to plinths
FIHR-029	HOOK: equipment, wall mounted	①	6	[FIHR-029] to plinths
FIHR-151	PANEL: storage baskets, wall mounted	②	3	[FIHR-033] to plinths
FIRT-051	TRACK: curtain, privacy	①	3	[FIRT-032]
FQGE-101	CURTAIN: privacy screen	③	3	[FQGE-010] to plinths
FQGE-112	BASKET: storage, for wall mounted panel, small	③	3	[FQSN-007] to plinths
FQGE-121	CLOCK: analogue display, battery operated	③	1	[FQGE-005]
ITNE-076	TELEPHONE: handset, wall mounted	②	1	[ITNE-053]
ITNE-111	COMPUTER: workstation on wheels (WOW), medical grade, all-in-one computer, keyboard and mouse, on cart	③	3	[ITNE-008+MMGE-164]
MMAH-051	EXERCISE MACHINE: stationary bicycle	③	1	[MMAH-002]
MMAH-071	EXERCISE MACHINE: treadmill	③	1	[MMAH-027]
MMAH-101	PARALLEL BARS: height adjustable, manual	③	1	[MMAH-001] bariatric capacity to be determine based on service requirements
MMAH-116	STEPS: rehabilitation, corner	③	1	[MMAH-044]
MMAH-146	WEIGHTS: dumbbell set, with rack, floor standing	③	1	[FIHR-061]
MMAH-171	PLINTH: treatment, electric	③	2	[MMAH-035]
MMAH-176	PLINTH: treatment, electric, wide	③	1	[MMAH-033]



Engineering Services

CODE	DESCRIPTION	GROUP	QTY	COMMENT
ELGP-101	GPO: single, wall mounted	①	3	[ELGP-109] to plinths
ELGP-105	GPO: single, wall mounted, cleaner	①	1	[ELGP-110]
ELGP-201	GPO: double, wall mounted	①	3	[ELGP-208] quantity to suit equipment requirements

CODE	DESCRIPTION	GROUP	QTY	COMMENT
ELGP-201	GPO: double, wall mounted	①	9	[ELGP-208] to plinths
ELSW-001	SWITCH: light	①	1	[ELBO-015]
ITCL-181	BUTTON: nurse call, staff assist, with cancel, wall mounted	①	4	[ITCL-008] 3 x to plinth, 1 x at entry door
ITCL-191	BUTTON: nurse call, emergency, with cancel, wall mounted	①	4	[ITCL-004] 3 x to plinth, 1 x at entry door
ITCL-251	HANDSET: nurse call, patient to staff call	①	3	[ITCL-028] optional, to plinths
ITIN-016	OUTLET: data, single RJ45, wall mounted	①	1	[ITIN-016] to telephone
ITIN-026	OUTLET: data, double RJ45, wall mounted	①	3	[ITIN-026] to plinths

For guidance on how to use the Room Data Sheet, please visit the [AusHFG website](#).