



## Gymnasium, Group Therapy

<b>Room Code</b>	GYAH-GP
<b>Briefed Area</b>	105.00 m <sup>2</sup>
<b>Ceiling Height</b>	2.7 m
<b>Occupancy</b>	up to 15 patients; 2-3 staff
<b>Hours of Operation</b>	7am to 6pm, daily (dependent on unit operating hours)

**Description** | The Gymnasium - Group Therapy provides space and facilities for patient evaluation, rehabilitation exercise activities, therapy and ambulation training in a group setting. An open area is typically provided for aerobic/movement exercises and may also provide space for group debriefing, discussion and education after sessions.

**Electrical** | PROTECTION: body protected   
PROTECTION: cardiac protected

**Lighting** | LIGHTING: general   
LIGHTING: colour corrected   
LIGHTING: dimmable   
LIGHTING: indirect

**Nurse Call and Duress** | NURSE CALL SYSTEM: buttons / handset

**HVAC** | AIRCONDITIONING: general   
AIRCONDITIONING: HEPA filtered   
AIRCONDITIONING: positive pressure   
AIRCONDITIONING: negative pressure   
VENTILATION: exhaust   
VENTILATION: natural

- Additional Considerations**
- An external outlook and ready access to outdoor areas is desirable.
  - The range of specialised exercise equipment, open exercise areas and number of clients / patients to be accommodated within a gymnasium will vary from unit to unit and will require confirmation to inform overall space requirements.
  - RCD protection is required to body protected areas in accordance with AS/NZS3003. Quantity and location dependent on selected equipment and circuiting arrangements.

### Doors and Windows

CODE	DESCRIPTION	COMMENT
DOHI-145.01	DOOR: hinged, 1 1/2 leaves, 1500 clear opening, solid, wide vision panel	[DWGL-041]
AFDPR-006.01	DOOR PROTECTION: plate, to 900H	[DWPR-005] to corridor side, extent dependent on movement of beds and mobile equipment in adjacent area; to be coordinated with corridor wall protection
AFDPR-006.01	DOOR PROTECTION: plate, to 900H	[DWPR-005] to room side
DOHI-106	DOOR: hinged, 1 1/2 leaves, 1600 clear opening, solid	[DWSC-027] optional, to equipment store
AFDPR-006.01	DOOR PROTECTION: plate, to 900H	[DWPR-005] to room side

### Finishes

CODE	DESCRIPTION	COMMENT
FLVY-101	FLOOR FINISH: vinyl, seamless, standard slip resistance	[FLVY-007]
FLVY-122	FLOOR FINISH: vinyl, seamless, inset, distance markings	[FLVY-010]
FLSK-021	SKIRTING: vinyl, integral with floor vinyl, coved	[FLSK-010]

CODE	DESCRIPTION	COMMENT
WLFI-001	WALL FINISH: paint	[WLWA-004]
WLFI-011.04	WALL FINISH: vinyl, to 1500 AFFL	[WLWA-020]
CLTI-021.02	CEILING: drop-in tiles, prefinished, 600 x 1200	[CLTI-008]
CLCN-041	CORNICE: wall trim fixing, prefinished	[CLCN-009]



## Joinery

CODE	DESCRIPTION	GROUP	QTY	COMMENT
JOGE-001	BULKHEAD: joinery	①	1	[FIJO-212] plasterboard bulkhead also acceptable
JOSP-151	JOINERY UNIT: bespoke, gymnasium, tall, equipment storage, open shelves	①	1	[FIJO-225]
JOSP-152	JOINERY UNIT: bespoke, gymnasium, tall, equipment storage, enclosed	①	1	[FIJO-227]



## Fittings, Furniture and Equipment (FF&E)

CODE	DESCRIPTION	GROUP	QTY	COMMENT
FIDI-241	DISPENSER: alcohol-based hand rub, wall mounted	②	2	[FIDI-001]
FIGE-041	STEEL MESH: framed, ceiling mounted	①	1	[FIRT-017] optional, to plinth
FIHR-029	HOOK: equipment, wall mounted	①	2	[FIHR-029] to plinth
FIHR-151	PANEL: storage baskets, wall mounted	②	1	[FIHR-033] to plinth
FIRT-051	TRACK: curtain, privacy	①	1	[FIRT-047]
FQBS-101	CHAIR: visitor, clinical areas	③	2	[FQBS-030] to arm ergometer
FQDW-134.02	WORKSTATION: straight, adjustable height, 720H nom, 750D x 1200W	③	2	[FQDW-028] for arm ergometer
FQGE-101	CURTAIN: privacy screen	③	2	[FQGE-010] to plinth
FQGE-112	BASKET: storage, for wall mounted panel, small	③	1	[FQSN-007] to plinth
FQGE-121	CLOCK: analogue display, battery operated	③	1	[FQGE-005]
ITNE-076	TELEPHONE: handset, wall mounted	②	1	[ITNE-053]
MMAH-051	EXERCISE MACHINE: stationary bicycle	③	2	[MMAH-002]
MMAH-052	EXERCISE MACHINE: stationary bicycle, recumbent	③	1	[MMAH-003]
MMAH-061	EXERCISE MACHINE: rowing	③	1	[MMAH-019]
MMAH-066	EXERCISE MACHINE: stepping	③	1	[MMAH-020]
MMAH-071	EXERCISE MACHINE: treadmill	③	2	[MMAH-027]
MMAH-076	EXERCISE MACHINE: ergometer, upper body	③	2	[MMAH-016]
MMAH-146	WEIGHTS: dumbbell set, with rack, floor standing	③	1	[FIHR-061]
MMAH-171	PLINTH: treatment, electric	③	1	[MMAH-035]



## Engineering Services

CODE	DESCRIPTION	GROUP	QTY	COMMENT
ELGP-101	GPO: single, wall mounted	①	1	[ELGP-109] to plinth

CODE	DESCRIPTION	GROUP	QTY	COMMENT
ELGP-105	GPO: single, wall mounted, cleaner	①	1	[ELGP-110]
ELGP-201	GPO: double, wall mounted	①	3	[ELGP-208] to plinth
ELGP-201	GPO: double, wall mounted	①	1	[ELGP-208] quantity to suit equipment requirements
ELSW-001	SWITCH: light	①	1	[ELBO-015]
ITCL-181	BUTTON: nurse call, staff assist, with cancel, wall mounted	①	2	[ITCL-008] 1 x to plinth, 1 x at entry door
ITCL-191	BUTTON: nurse call, emergency, with cancel, wall mounted	①	2	[ITCL-004] 1 x to plinth, 1 x at entry door
ITCL-251	HANDSET: nurse call, patient to staff call	①	1	[ITCL-028] optional, to plinth
ITIN-016	OUTLET: data, single RJ45, wall mounted	①	1	[ITIN-016] to telephone
ITIN-026	OUTLET: data, double RJ45, wall mounted	①	1	[ITIN-026] to plinth

For guidance on how to use the Room Data Sheet, please visit the [AushFG website](#).